December 2022



MONTHLY NEWSLETTER Vol. 1 Issue 6



# Celebrating Christmas with Seniors in Long Term Care

Having a family member in assisted living can be more of a challenge during the Christmas season. Here are a few ideas to celebrate this holiday season with your loved one.

#### Take Them Somewhere Special

If they are physically able, take a drive to see the holiday lights.

## Visit Them on Christmas Day

Try to come and visit on Christmas Day. If they are physically able, bring them to your home for a few hours. If you can't come, a video chat or facetime is the next best thing!

#### Start or Continue a Tradition

Watch a favorite Christmas movie together. Bring some Christmas cards and help them write some messages.

## Join us for our Christmas Party

Mark your calendars and join us for a time of singing Christmas Carols and Christmas s treats. We would love to see you!









Residents love to sing





November Birthdays



FOR MORE VISIT: https://carecottages.ca