

Care Cottage News

Happy
New Year



Christmas celebrations were enjoyed by all



A VISIT FROM DON
CAMPBELL SCHOOL



RCMP SINGERS AT HARMONY





How are Care Cottages different from traditional nursing homes?

Traditional nursing homes follow an institutional model of care. During the Covid pandemic, concerns were raised about the quality of care provided to residents with this model.

In 2017, even before the pandemic began the union Unifor was concerned that personal care workers only had six minutes per resident to get them ready for breakfast.

6 minute challenge:
<https://www.youtube.com/watch?v=hXMI7XOGSJQt>

Care Cottages works under a different model. Our facilities strive to create a homelike environment and have 10 to a maximum of 15 residents per home.

There is a higher staff-to-resident ratio, therefore staff are better able to meet the resident's needs. As well, because the home is smaller there are fewer staff members, giving the residents more opportunities to build relationships with the staff. They truly become like family.

For example, residents can wake up whenever they choose. They have breakfast whenever they are ready and can request what they want to eat. A stark difference from traditional nursing homes.

"I believe it is time for a change," said Karen Cazemier CEO of Care Cottages in Alberta. "I would like to encourage those that are investing in senior care to take a good look at small long-term care homes for seniors. We provide long-term care differently and can provide better care more efficiently within a home-like setting."

"I believe that funding should follow the person wherever they choose to receive that care." Cazemier continues, "Funding should be like the Alberta education system. Parents can choose where to send their child and funding is designated to the school where the student is registered. Why can't we follow a similar model for seniors' funding?"

**"It is better to live in a house than a warehouse"
— Bill Thomas, Founder of the Greenhouse model.**

FOR MORE VISIT: <https://carecottages.ca>