

## Care Cottage News

## Celebrating Christmas with Seniors in Long Term Care

Having a family member in assisted living can be more of a challenge during the Christmas season. Here are a few ideas to celebrate this holiday season with your loved one.

Take Them Somewhere Special

If they are physically able, take a drive to see the holiday lights.

Visit Them on Christmas Day

Try to come and visit on Christmas Day. If they are physically able, bring them to your home for a few hours. If you can't come, a video chat or facetime is the next best thing!

Start or Continue a Tradition

Watch a favorite Christmas movie together. Bring some Christmas cards and help them write some messages.

Join us for our Christmas Party

Mark your calendars and join us for a time of singing Christmas Carols and Christmas s treats.

We would love to see you!









## Residents love to sing





## November Birthdays



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