

Vol. 2 Issue 3

Care Cottage News

Check out our new promotional video





Valentine's Day Activities







Government Announcements

We learned on Feb 28th that the current Alberta government is promising to spend \$1 Billion dollars over the next 3 years for a "transformation" of Alberta's Continuing Care System. Another \$4.3 Billion in funding will go towards community, continuing and home care programs IN THE COMING YEAR!

The money spent for the long – term care reforms is a response to recommendations in the 2021 Facility Based Continuing Care review which many of the Care Cottage families served on the panel of. This review concluded and called for a broader shift to homebased care. \$149 Million will specifically be spent this 2023 for Home Care funding alone. This funding will enable them to stay in their homes and also be in Care Homes.

This UCP government has made no secret of the fact that they are 100% in favor of the Care Home model. They have indicated through several meetings that they fully intend to work out a plan for funding this year and will actively make this part of the Care options available for Seniors of Alberta. They indicated they would even plan to fund the building of Care Homes to further develop this product in Alberta.

Our next meeting with the Government will be in mid-March to determine the next steps. We will keep you informed of the progress.

Types of Nementia

The other night I was on the phone with my mother and she told me that a friend of hers had just been diagnosed with Lewy body dementia. I was surprised to learn that there are different types of dementia. I found out that dementia is a general term for loss of memory, language, problem-solving, and other thinking abilities that are severe enough to interfere with daily life. I also learned what the main types of dementia are.

- Alzheimer's disease. This is the most common cause of dementia.
- · Vascular dementia.
- · Lewy body dementia.
- · Frontotemporal dementia.
- -Mixed dementia.

The treatment of dementia can change according to the diagnosis.

I had an uncle who had dementia. The family had to make the very difficult decision to place him in long-term care because they were no longer able to take care of his needs. I don't know what type of dementia he had, but I do know that dementia changed his personality. Dementia is a difficult disease for families to navigate. Care Cottages provide great support and care for residents who suffer from all types of dementia.

by Sue Merta



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